

Breaking Down the Barrier and How Your Guide Tries to Help You

We have a Cardinal who is a member of the group (*spirit side*) and he often comes to our meeting to give the opening prayer.

Yes he always strikes me as being a very tall gentleman. He has a presence.

That's the word, he has a presence. Rather imposing is it not? Some people have that you know. They stand there and automatically you feel as if you should listen because they give that aura of somebody who is important. Somebody who has a message. He does have rather a loud voice. We feel that maybe the neighbours might enjoy the prayer do you think?

Yes certainly it wouldn't surprise me.

When I stood up at Speakers Corner I didn't know who would come and listen to me but you just stand there, and mind you, you are on a soapbox so therefore you're above everybody, and you start talking. You have to do it in a fairly forceful way you know, to get people in. My opening statement I often use to say is "You call yourself a Christian. Do you think you're going to go to heaven? Well I've got news for you. Heaven doesn't exist!" Well that really started to put the cat amongst the pigeons and "You've been told that if you repent your sins that all is forgiven. Well you're wrong! You repent your sins, all is not forgiven, unless you truly change the way you think!" And I used to say it in a very forceful way and then I'd turn to people and say "Do you call yourself a Christian?" And being in London you see most people were Christians there so it was a fairly simple proposition that the person that I would nominate would be a Christian, unless they were wearing a turban or something like that, then obviously you wouldn't do it and then I would say "Alright you call yourself a Christian. Are you a one-day a week Christian or a seven-day a week Christian?" And then they'd look at you.

"What do you mean? I go to church."

"Exactly, you're a one day a week Christian. In fact most of the time you're only a two hour Christian" because that's how long the church service lasted and the sermons didn't even last that long. Actually the sermon was normally about half an hour. Why was that? It's because people's attention span is limited and any more than half an hour you would lose them. It's just as well we are a little bit more intelligent because we keep you here for one and a half to two hours don't we?

This is far more comfortable than sitting on one of those wooden, uncomfortable, cold pews.

And not only that, you do not have a single subject matter. You have a variety and then it's more like having a conversation is it not? And that is a lot of what we try and do, you know. We try and come and have this conversation. Why do we do that do you think?

To keep our attention span and keep us interested.

No, to break down the barrier because what I'm trying to do is, and I say I because I am the one who instigated this policy, what I'm trying to do is get everybody to accept us as normal people. After all we are, are we not? The only difference is we haven't got a physical, well I have at the moment, but normally I haven't got a physical body and you are exactly the same as me, except you are occupying a physical body, but apart from the physicality of yourself there really is no difference and therefore why do we create this misnomer of an "us and them" which is what a lot of the churches are doing don't they? We're going to talk to the spirits. That immediately creates a division because you're going to talk to something which is not of the Earth Plane and I am of the Earth Plane. I am more of the Earth Plane since I've been associated with Roy but that's another question!

You have Estelle and she actually quite enjoys coming down to the Earth Plane now but she wasn't part of the Earth Plane for a number of years and that's something else which people when they're on the Earth Plane have a difficulty in comprehending, that when you leave the physical the Earth Plane becomes less and less important to you, important to your being, as you progress because you realise that it is just such a small part of your total journey. Do you remember one term in kindergarten two? Of course you don't, but that has as much importance to you as your stay on the Earth Plane, as your visitation to the Earth Plane, has when you progress. And yet the people of the Earth Plane in general have great difficulty in comprehending that concept because they are so wrapped up with materialism they can't see the whole picture and therefore this can be a negative to the breaking down because with the breaking down they would then automatically comprehend that all the pluses of the Earth Plane go forward but their perception of the pluses are totally wrong because they would look at the pluses, by materialistic means, because that's what you consider the pluses of the Earth Plane are don't you? You can eat better food. You can drink better wine. You can live in a better house. You can have a better car, and you can enjoy better holidays. All of these are materialistic and yet when you leave the physical world everything that you considered important which I have enumerated, don't exist anymore and therefore if they don't exist anymore, how can they be important?

How can you consider something important that isn't part of your life, isn't part your being, isn't part of what you are doing on a day-to-day basis. That's the difficulty so many people on the Earth Plane have and that's the difficulty we have when we go to the churches. To try break down that barrier. It's hard enough, let's face it, breaking down the barrier to the fact that we are eternal and that we are as one with the people of the Earth Plane. That's a big enough barrier within itself is it not? That's why they profess to expound upon the continuation of life and the proof which comes with the clairaudience but really once you've had that proof, it's terribly boring really isn't it? Well it is. I consider that it's not really important. Once you know that Aunt Mary is well and she's developing in the astral sphere and she's still by your side, you don't need to be reminded of that every week do you?

Well they seem to want it every week.

Exactly that's what people are looking for, but that's because they haven't been given a choice, because that's the way the hierarchy have decided that the churches should evolve. We're going to change all that you know. Well we're going to start to change all that. We are moving forward. Next year after the Upliftment there are great changes which are going to occur. We let your five-year take place Judith. That was the requirement five years ago was not? You had a five-year plan.

I don't really remember too well Maurice.

Well take my word for it dear girl! I was around and even if I wasn't around I looked in the Halls of Learning so I can assure you there was a five-year plan. I'm talking about the five-year plan to get all these properties out of the way and therefore you are in a position to go forward.

Yes we are.

Yes now we have reached that so therefore we have done our bit. Now you have to do your bit.

Oh dear.

So if you think you're going to have a quiet life next year forget it dear girl. It's not going to happen.

I've been looking for a quiet life for years Maurice. It never happens.

You have been disillusioned for years have you not my girl?

Oh yes I have.

I have been with you or with your friend Dorothea (*Judy's guide*) and she has allowed me to be part of your New Year thinking. There's not a lot that we don't share you know. But unlike the Earth Plane we don't judge and that's the big thing about being a guide you know. You can see all these problems that the individual that you're looking after has and you think oh my god what on earth are they doing that for and oh alright I'll go down and try and change their thinking again. Put them on the right path. If they'd only listen to me in the first place and we have these conversations with ourselves you see. That's because we care, but we don't judge and that's the one essence of your guide. Your guide will never ever judge any action that you enact. They never judge any thought that you have. Some people over here might like to give you a divine kick in the backside but they cannot interfere. What they do, they scoop you up, pat you down and say well alright we made a mistake there, let's try and do it better next time and that's our job.

I think you must need a lot of patience to be a guide.

You do but when you don't have any physical reaction and the actions do not personally affect you, you can be slightly dispassionate because you're aside from it. Do you understand? And therefore you are concerned because you have a love for that person but you don't feel the problem because it doesn't actually affect you. It affects you because

it hurts you but it doesn't affect you in a physical way. Do you understand? And therefore you just think well I didn't do that guiding very well so let's go ask somebody else who has been through this experience on what I should do differently because we are always learning you see. We don't have the rule book which says this is the way you should treat a certain set of circumstances. It would be very good if you did wouldn't it but equally it would be very boring because everything then would have a preordained finish wouldn't it? But therefore your guide has to be adaptable and then as a guide what you do is you look for how you can change what you did before to make the person you are guiding move in the right direction, on the right path because that's all you're trying to do really you know, you're trying to put them on the right path and equally what you are trying to do at times is to protect them from themselves and from other people when you can see circumstances happening.

I'll give you an example. If you are standing at a set of traffic lights and we are aware that a vehicle is going to jump the red light, what we can do is implant in your mind for you to be distracted, to look at a shop window, to look at a nice figure of a man or lady who is walking on the pavement, something that will distract you for those few seconds so the impact doesn't happen and this is the way as a guide you can assist people and therefore you are protecting them because it wasn't right for them to be involved in that collision but equally you have your own free will and if you totally ignore the message you have been given and you move forward and a collision happens, what's the first thing people do? They say where were you? Why didn't you stop it happening? Can you see the problem that we have at times? Because we have to direct, rather than interfere.

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